

COLLEGE OF INTEGRATED CHINESE MEDICINE

GYNAECOLOGY, FERTILITY & OBSTETRICS 2024-25

Material and Examination

This course is fully online and takes place over Zoom.

You will be given written electronic materials to support all lectures, we do not provide printed handouts.

There will be a written exam at the end of the course that you will need to pass in order to complete the course. The exam consists of multi choice questions and short answer questions and will be based on what you have learnt throughout the course.

Course Overview

- Practical application of acupuncture in the treatment of gynaecological issues, infertility and obstetrics including but not limited to: disorders of the menstrual cycle, unexplained infertility, polycystic ovarian syndrome, endometriosis, immunology and recurrent miscarriage, menopause
- Supportive treatment for assisted reproductive techniques (ART & IVF), morning sickness, breech presentation, induction of labour, and treatment during labour
- How to take a comprehensive gynaecology history, create an accurate, effective diagnosis and treatment plan in Chinese medicine
- Diagnosis and treatment of male infertility and the importance of both male and female health
- Deepening understanding of medical physiology of the female reproductive systems, pregnancy and labour in health and disease, including discussion around medical tests and treatment
- Comprehensive overview of the red flags of reproductive system diseases and understanding disease from TCM perspective

Dates

Day 1: Thursday 19 Sept 24 - History taking and Chinese medicine basics

Day 2: Thursday 17 Oct 24 - Eight extraordinary vessels and 5 elements

Day 3: Thursday 14 Nov 24 - Female infertility 1

Day 4: Thursday 12 Dec 24 - Female Infertility 2

Day 5: Thursday 16 Jan 25 - Artificial reproductive techniques & IVF, male infertility

Day 6: Thursday 13 Feb 25 - CMS obstetrics

Day 7: Thursday 13 Mar 25 - Endometriosis, PCOS & pelvic masses

Day 8: Thursday 3 April 25 - Miscarriage, premature ovarian insufficiency and menopause

Day 9: Thursday 8 May 25 - Obstetrics part 1 inc. common conditions in pregnancy

Day 10: Thursday 5 June 25 - Obstetrics part 2 inc. pre-birth, induction and labour

Day 11: Thursday 10 July 25 - exam (half day)